



Hello

**We're excited about your visit,
and hope the tips in here help
you have a really enjoyable time.**





Exposed

Restless Dance Theatre

Restless Dance Theatre is a dance theatre company based in the South Australian capital of Adelaide. Founded in 1991, Restless works with people with and without disability.

- Getting Here
- Theatre & Quiet Space
- Show Details

Getting Here

For COVID Safety information please visit

<https://www.sydneyoperahouse.com/visit-us/plan-your-visit.html>

For more information about visiting the Sydney Opera House at

<https://www.sydneyoperahouse.com/visit-us/accessibility.html>

1

When you arrive at the Sydney Opera House, you will travel across the Forecourt.

The entry to all venues is underneath the monumental steps. Head toward the area where the star is.



2

There is some construction on the Forecourt.

There may be barriers around areas where people may be doing noisy works.

Follow the signs. There will be staff to assist.

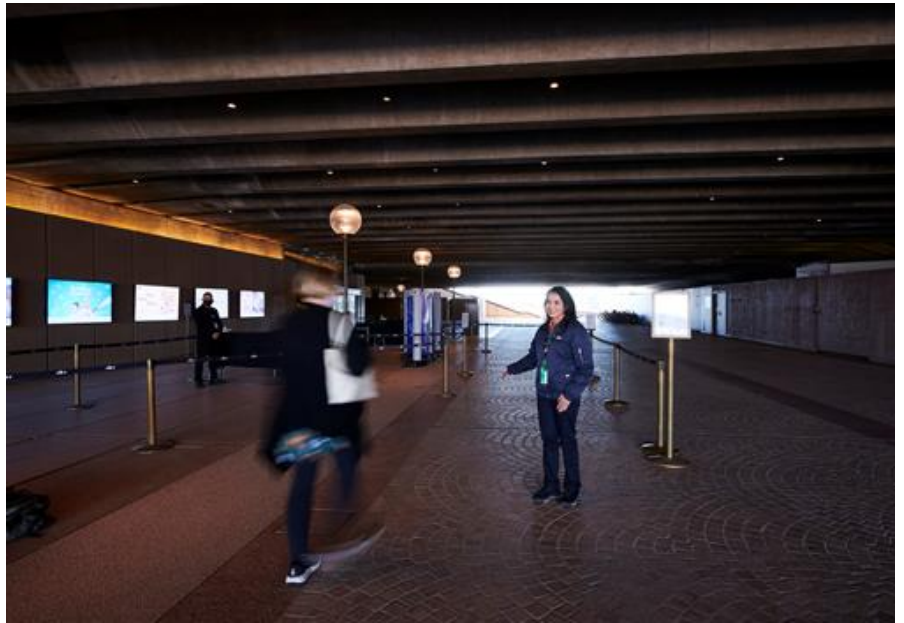


3

Under the monumental steps it is shaded and a bit darker.

There will be a queue line set up before you enter the building.

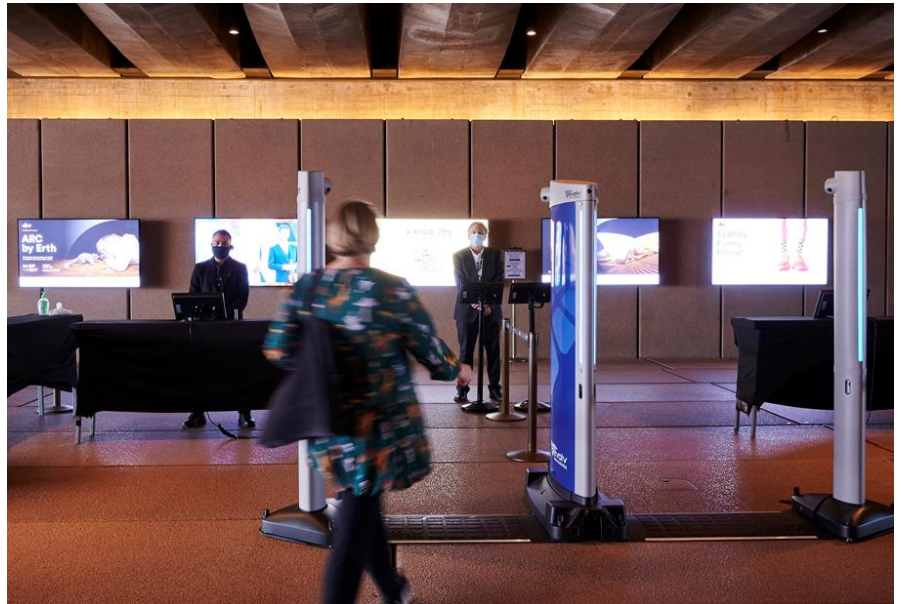
Staff will be available to assist you.



4

Follow the queue around using the ropes as a guide.

In the queue you will step through an electronic gate. This gate checks for metal items that you might be wearing or have in your bag.



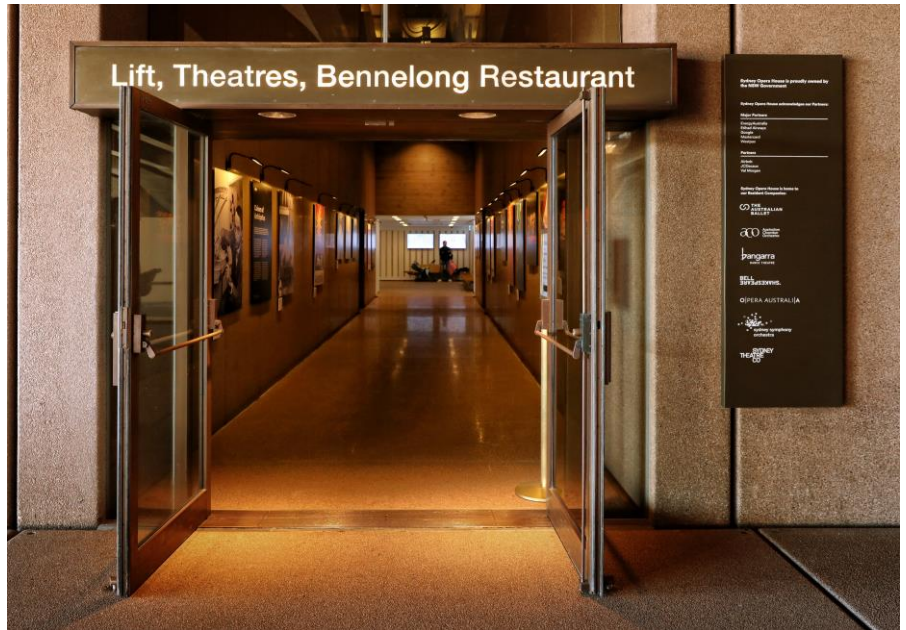
5

Staff may do a bag inspection.



6

Enter the Western Foyer doors.



7

There are bathrooms at the top of the Western Foyer.

There is also a Changing Places facility located upstairs in the Main Box Office Foyer if required.



8

The Studio is at the centre of the Western Foyer.

Walk past the cloakroom and the Box Office.



9

You may need to collect tickets from the Box Office.

There may be a queue.



10

The show is in the Studio.

The doors will open before the show.

There may be a queue to enter



11

The Sydney Opera House staff will scan your ticket.



Theatre & Quiet Space

The performance on Saturday 2 September at 6:00PM will be relaxed. This means;

- An open-door policy so that you can come and go
- There will be a Quiet Space available, please ask our Front of House team if you need assistance locating it.

1

You will enter from the top level (Mezzanine).

You will either be seated on this level or take the lift or stairs down to the floor area closer to the stage.



2

A quiet space will be available in the Western Foyer.

When leaving the venue turn right and move toward the corner of the Western Foyers where chairs are set up.



Show Details

Duration

60 Minutes
No interval

Music

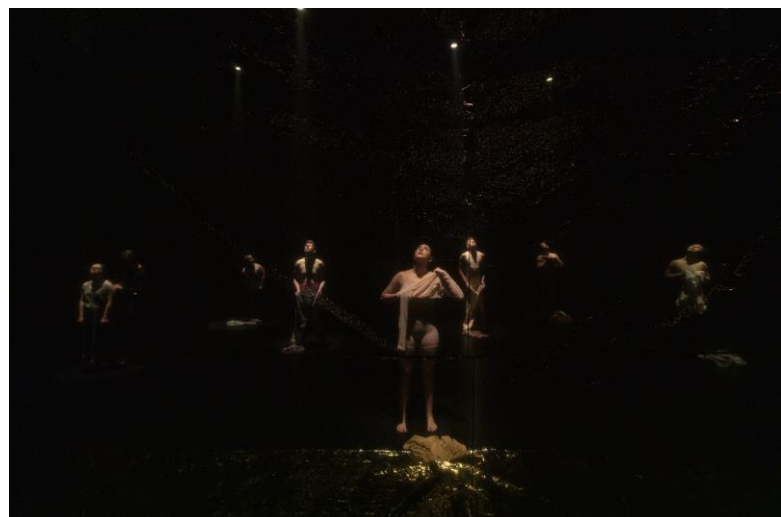
Original score by Hillary Kleinig and Emily Tulloch features violin and cello with vocal recordings of the dancers.

Costumes

Renate Henschke uses pastel coloured soft transparent fabrics.

Lighting

Geoff Cobham uses lighting effects created with a hanging gold fabric that can seem solid or translucent. This creates shadowy effects, pools of light, splits and fractures the lights on the stage floor.



Photography by Roy Vandervegt



Cast

Michelle Ryan Choreographer

Michael Hodyl Dancer

Charlie Wilkins Dancer

Darcy Carpenter Dancer

Michael Noble Dancer

Alexis Luke Dancer

Madalene Macera Dancer

Bhodi Hudson Dancer

Jianna Georgiou Dancer

Photography by Roy Vandervegt

Themes

Explores risk and vulnerability in its many forms including;

- Our defence mechanisms in foreign situations
- power play and struggles with conflict
- our physical and emotional response in these moments
- the habitual reactions we fall back on
- the risk of being or feeling vulnerable
- what do you allow people to see of yourself?



Photography by Roy Vandervegt

**Thanks for coming
to see us, we hope
you have a good time.**

If you have any questions, get in touch:
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02 9250 7777
sydneyoperahouse.com

