



Hello

**We're excited about your visit,
and hope the tips in here help
you have a really special time.**





I can wear headphones and bring fidget toys.

I can ask to take a break somewhere quieter if I need to.



Hello

Welcome to the Sydney Opera House



1

You will walk across a large open space to the building



2

The entry to all venues is underneath the steps



3

Staff will be able to assist me if I need help

Welcome Team staff wear orange shirts



4

Security staff wear blue uniforms



5

Front of House staff wear blue and beige uniforms



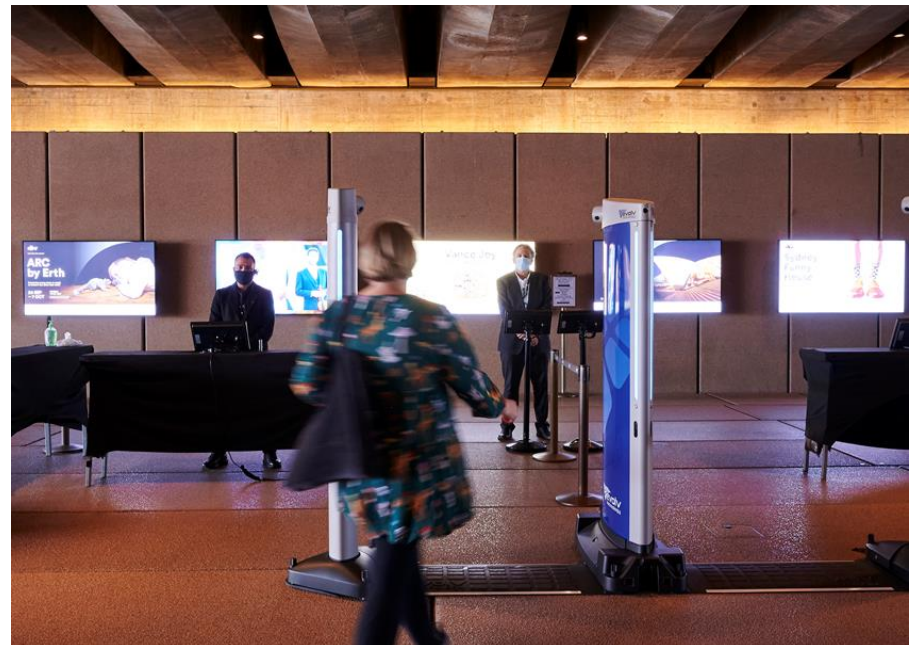
6

You will see a queue under the steps



7

You will walk through an electronic gate



8

Staff may do a bag inspection
Security do these checks to keep everyone safe



6

You will enter the foyer doors at the end of the queue



7

There are bathrooms you can use near the foyer entry doors



8

Walk past the Box Office and the Café to the end of the Foyer



9

The performers might meet you in the Centre for Creativity before the show to give you some instructions – including taking your shoes off. You can keep your socks on.



10

There are seats outside the Centre of Creativity and a bathroom



11

You enter the Center of Creativity through a corridor.



12

The corridor has lights that can change colour, they may be on or off



13

Follow the path of cushions on the floor. You're allowed to walk on them. Sit at the back of the room.



14

You might see the performer outside. They may read or speak to you, and you can hear them through speakers inside the room.



17

You will be able to lie down on a carpet with pillows.

Remember to take your shoes off and be careful of your body touching friends and teachers



18

The images on the fabric will keep changing as the performer tells you a story. You might stretch, feel relaxed, move your arms to fly like a bird, or even close your eyes.



19

The performer will ask you to imagine things in nature, slow down your breathing and relax. This is a meditation. We hope you enjoy it.



**Thanks for coming
to see us, we hope
you have a good time.**

If you have any questions, get in touch:
accessibility@sydneyoperahouse.com
02 9250 7777
sydneyoperahouse.com

